

Directions for a Medication Challenge

How to take the medication:

Place medication in a small amount of water (2 tablespoons or so)

Take on an empty stomach and wait at least 15 minutes before eating

May be taken with other medications

Schedule:

1 drop twice a day for 3 days, then

5 drops twice a day for 3 days, then

10 drops twice a day for 3 days, then

15 drops twice a day for 3 weeks, then stop the medication

Possible responses:

1. You will have a Herx reaction. This is a sudden worsening of some or all of your symptoms. See the handout on Herxheimer reactions for more information.
 - If this happens, stop the medication immediately and follow the recommendations listed in the Herxheimer handout.
 - These reactions are usually over within 36 to 72 hours.
2. At the end of the 3 weeks on 15 drops twice a day, you will recognize that you are feeling better than when you first started the challenge.
3. You will have no reaction. i.e. you will neither feel better or worse.

Interpretation:

Either response 1 or 2 above is considered positive. That is, it means that you are infected with the organism that we are testing for. The first response (Herx reaction) is much more likely than the second.

Your Medication: A-Bart.

Organism we are testing for: Bartonella.